

Starters

Fries Parmesan

Country fries tossed with garlic, fresh parsley, hint of spice and shredded Parmesan cheese, served with a dip of your choice \$6.00

Hot Dog

Jumbo ball park frank grilled until plump served on a sesame bun \$3.00

Clover Nacho

Large bowl of tortilla chips piled high, topped with Cajun beef, farm fresh tomatoes, jalapenos, onions and a blend of cheddar and monterrey jack cheeses. Served with guacamole, sour cream and chunky tomato salsa \$16.00

Wings

Meaty jumbo chicken wings, lightly dusted and crispy fried, served with celery sticks and your choice of dip \$7.00

Spinach & Artichoke Dip

Creamy combination of spinach leaves and artichoke hearts served warm with grilled pita \$8.00

Chive Baked Goat Cheese

Panko crusted snow goat cheese accompanied by crispy flatbread and cranberry sauce \$8.00

Yam Fries

Crispy fried with chipotle mayo \$5.00

Chicken Strips

Served with golden fries, celery sticks and a dip of your choice \$10.00

Salads

House Salad

Succulent blend of iceberg, leaf and radicchio lettuce topped with crisp fresh cucumber and tomato. Served with your choice of Italian, Ranch, 1000 Island, Blue Cheese or Balsamic Vinaigrette \$4.00

Hail Caesar

Crisp Romaine leaves tossed in creamy garlic Caesar dressing with herbed croutons and Parmesan cheese \$6.00

Add baby shrimp or grilled chicken \$3.00

Ahi Tuna Salad

Baby spinach, grape tomatoes, avocado and cucumbers tossed in wasabi dressing and topped with matchstick potato garnish and seared tuna steak \$11.00

Rancher Salad

This "fully loaded" salad is a meal on it's own – fresh lettuce medley topped with grilled chicken breast, black forest ham, roast beef and cheddar, garnished with sliced egg, cucumbers and tomatoes. Served with your choice of Italian, Ranch, 1000 Island, Blue Cheese or Balsamic Vinaigrette \$11.00

West Coast Seafood Salad

Crisp fresh lettuce medley tossed with creamy cucumber dressing, topped with marinated salmon, snapper, baby shrimp, avocado, cucumber, tomato and matchstick potato garnish \$10.00

Chicken Mango Salad

Marinated chicken breast, chunky mango cubes and seasoned Thai rice served with sweet chili sauce and toasted cashew \$6.00

Burgers & Sandwiches

Served with your choice of fries or soup or salad.
Up size your meal to Caesar salad for \$2.

Prime Rib Burger

Fire grilled beef patty with lettuce, tomato, onion and dill pickle spear on a toasted Kaiser bun **\$8.00**

Chicken Burger

Fire grilled chicken breast with lettuce, tomato, onion and dill pickle spear on a toasted Kaiser bun **\$9.00**

Portobello Mushroom & Swiss Burger

Thick, meaty Portobello mushroom, fire grilled with melted Swiss, served on toasted Kaiser bun with lettuce, tomato, onion and dill pickle spear **\$8.00**

Beef & Cheese Melt

Marinated, thinly shaved beef roast, tomatoes, sautéed onions and melting Swiss cheese served open-faced on fresh ciabatta bread with dill pickle spear **\$10.00**

Veggie Burger

Served with lettuce, tomato, onion and dill pickle spear on a toasted Kaiser bun **\$8.00**

Clubhouse Sandwich

The classic triple decker, grilled chicken, crisp bacon, tomato and lettuce, on your choice of toasted dark rye, white or whole wheat bread **\$9.00**

Piled High Corned Beef on Rye

And we mean high! Steaming hot corned beef sliced fresh on rye (grilled or not) with side mustard **\$8.00**

BLT Sandwich

Classic combination of smoked bacon, crisp fresh lettuce and ripe tomatoes on your choice of dark rye, white or whole wheat bread **\$6.00**

Wild BC Salmon Wrap

Marinated wild salmon strips, seasoned Thai rice, fresh greens, pickled ginger and avocado wrapped in a tortilla shell **\$9.00**

Entrées

Fish & Chips

Fresh battered halibut, crispy fries, creamy coleslaw and tartar sauce **1 pc \$10.00**
2 pc \$14.00

Steak Sandwich

Pub style sirloin steak grilled to your preference and served on garlic toast with house salad and French fries **\$13.00**

Spaghetti & Meatballs

Spaghetti and meatballs with tomato meat sauce topped with melted mozzarella cheese, served with house salad and garlic toast **\$10.00**

Seafood Spaghetti Alfredo

West Coast mix of snapper, baby shrimp, wild salmon, creamy Alfredo sauce and Parmesan cheese served with house salad and garlic toast **\$13.00**

Chicken Parmesan

Parmesan and panko crusted tender chicken breast pan roasted in a zesty Italian tomato sauce with melted cheese, served over steaming spaghetti with garlic toast **\$12.00**

Pork & Port

Pan roasted pork tenderloin cubes, portobello mushrooms and green onions flamed with port wine and served over rice pilaf with garlic toast **\$12.00**

Fraser Downs is committed to providing healthy food choices.
We are using trans-fat-free oil in all our fryers.
Applicable Taxes Not Included

Breakfast

Farmer's Sausage Hash Bowl Grilled farmer's sausage with hash browns, sweet bell peppers, toast and 2 eggs any style	\$8.00
Fraser Downs Breakfast Three slices of bacon or three sausages or one ham steak, golden hash browns, toast and two eggs any style	\$7.00
Mini Breakfast Two eggs any style, hash browns and toast	\$5.00
Steak & Eggs Sirloin steak grilled to your preference with hash browns, toast and two eggs any style	\$13.00
French Toast Cinnamon egg battered, golden fried and served with syrup	\$5.00
Racer's Pancakes Stack of three fluffy buttermilk pancakes served with butter, whipped cream and syrup	\$5.00
Pancake Breakfast Three fluffy buttermilk pancakes, three bacon strips or three sausage links or two eggs any style	\$7.00
Three Egg Omelet Three egg omelet served with golden hash browns and toast	\$6.00
Omelet Station Three egg omelet served with golden hash browns, toast and your choice of toppings (maximum four): <i>cheddar cheese · mushrooms · baby shrimp · ham · tomato green onions · crispy bacon · chicken breast · roast beef jalapeno · salsa · spinach · seasoned ground beef</i>	\$9.00

Sides & Add-ons

Grilled Chicken Breast	\$3.00
Baby Shrimp	\$3.00
Mushrooms	\$1.00
French Fries	\$3.00
Gravy	\$1.00
Cheddar Cheese	\$1.50
Swiss Cheese	\$1.50
Extra Sauce	\$0.50
Bacon (3 slices)	\$2.00
Sausage (3 links)	\$2.00
Ham Side	\$2.00
Toast (2 pieces)	\$2.00
Muffin	\$2.00
Extra Egg	\$1.00